

CAREGIVER HOLIDAY COUPON BOOK

1 HOME COOKED MEAL
**Gifter will cook dinner, lunch or breakfast for the recipient.*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

1 FULL DAY OFF FOR
“ME TIME”
**Gifter will take over care for the day*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

1 ERRAND
**Gifter will perform one errand, such as laundry, mowing the lawn, walking the dog or picking up groceries.*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

1 HELPLINE CALL
**Gifter will call the Alzheimer's Association to help the recipient problem solve a specific caregiving struggle.*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

3 HOURS OF
RESPITE
**Gifter will take over care for three hours*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

1 COFFEE BREAK
**Gifter will make or bring coffee/tea/wine/ice cream*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

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CAREGIVER HOLIDAY COUPON BOOK

1 YOU TELL ME
**Recipient's choice*

your caregiver gift 

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1 CHAUFFEUR FOR
THE DAY
**Gifter will handle the
driving for the day*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

30 MINUTES OF
RELAXATION
**Gifter will help create a quiet,
soothing space for the recipient, right
in their own home*

your caregiver gift 

Valid until redeemed with gifter. Expires never.

24/7 helpline 800.272.3900 | alz.org

FUN WITH FRIENDS

**Gifter will help arrange for care during the day so he/
she can spend fun time with the recipient*

your caregiver gift 

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3 HOURS OF
RESPITE
**Gifter will take over care for
three hours*

your caregiver gift 

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1 COFFEE BREAK
**Gifter will make or bring coffee/
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