

Living With Alzheimer's: For Caregivers

This 3-part series is open to individuals who are caring for a loved one with early stage Alzheimer's disease.

Living with Alzheimer's: For Caregivers

When someone is diagnosed with Alzheimer's, friends and family have many questions. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? Hear from those directly affected and learn what you need to know, what you need to plan and what you can do at this beginning point of your caregiving journey.

Each participant will receive a "Tips for Caregivers" workbook.

Tuesday, May 14, 2013

Part 1:

1. Description/symptoms of dementia and Alzheimer's
2. FDA approved treatments
3. Coping with the diagnosis
4. Planning for the future
5. Working as a team
6. Helping your loved one remain active
7. Nurturing your relationship

Tuesday, May 21, 2013

Part 2

1. Creating a health care team
2. Research opportunities
3. Community resources

Tuesday, May 28, 2013

Part 3

1. Legal, financial and safety plans
2. Recognizing and coping with stress
3. Supportive programs and services



All workshops held at Stanford University Medical Center. Parking vouchers will be provided at each meeting. Pre-registration is required. Additional information, including a map, meeting times and room location will be provided after registration is complete.

To register: contact Judy Filippoff 800.272.3900.